

Liz Wakefield – Massage Testimonials

“I saw Liz Wakefield for the first time and was grateful to experience one of the best massages I’ve ever had, here or overseas. She was inspired: tender yet tough on those hard-to-get places of chronic pain; persistent yet gentle, strong and sensitive.

Afterward, the pain I had been experiencing for months had melted away and the effects have persisted in my daily life, in my exercise and in my work.

Even the music she chose was not your run-of-the-mill; it was meaningful and took me on a narrative journey as I lay there.

I would highly recommend her to anyone needing any form of remedial massage.”

Katerina Cosgrove

“Liz has mastered the art of massage. Her technique is simply sublime: strong, yet gentle, she knows and understands the body’s hidden aches and pains.

I have learned to de-stress, relax and melt under her magical hands – and when she reaches the feet – you know she’s a genius.”

Anna Monticelli , March 2012

