

Liz Wakefield – Homeopathic Testimonials

Christine, Never well since surgery after removal of benign brain tumours.

“To be able to do things “normal” people do help is needed. For me , it is to be able to get out of my home without the feeling of vertigo, spinning head, headache, nausea – just to be well enough to catch a bus (can’t drive anymore) and not having symptoms of panic, anxiety stress etc.

I have had two brain surgeries this year. One in January (removal of three tumours) and one in May to restore half of my skull (half of it actually –with a prosthesis). Then rehabilitation.... Liz Wakefield came into my life five months ago.

I was a mess, scared, stressed, not able to live happily because of the symptoms. She asked me a lot of questions. I answered very openly, in a frantic way, nothing to hide as I had nothing to lose. I cried a lot, but she made me feel safe to talk. She is so gentle, soft-spoken and she seems to know straight away. Then I saw her a few days later and she gave me a little bottle of homeopathic medicine. I wish I could have done that four years ago after I had my first brain surgery. Weeks after weeks, months after months she gave me exactly what is appropriate for the symptoms I described. Amazing! I could not believe it. Of course I have my bad days, less and less I should say, but the good days I have are a revival for me. There are no words to describe how happy I am to be able to do things I love without being unwell – and having a head which no longer spins and no vertigo.

For the four years I have been sick, it is the first time I am able to have a life. She works on every symptom, feelings, unwellness etc with such a great success. I wish that everybody could have the chance to have such an experience. Thankyou Liz for making my life liveable. You gave me the best Christmas present I could ever hope for.”

Janet, Malaise, headaches

“Homeopathy was an unknown for me and I decided to talk with Liz to find out more and decide if it was the path for me. What a great move! I have moved on from headaches, general fatigue and a feeling of poor health to a stage in my life where I feel great. The uncomplicated administration of the remedy made following Liz’s advice even easier. I felt almost immediate improvement and with Liz’s fine tuning and knowledge any slipping backwards was arrested and now I know I am on the correct path. Thankyou Liz for all your dedication and help.”

BH, Effects of a Grandmal Seizure

“Last December I experienced a grand mal seizure and serious concussion leading to three days in hospital, MRI scans and a great deal of worry for my family. Over the past nine months, I had felt tired, shaky and vulnerable and had lost my sense of taste and smell. Liz Wakefield had been my massage therapist – and a brilliant one at that. I mentioned after all this time I did not feel quite myself. After an extensive interview with kindness, care and compassion, Liz gave me a homeopathic remedy. Within three days amazing things began to happen. My vulnerability came to the surface and finally left me. The shakiness intensified for an evening and then dissipated. My vitality returned and slowly my senses are returning.

I could not be more delighted with these marked changes and still feel astonished by my continuing improvement. I cannot recommend Liz highly enough.”

Megan, post-partum Thyroiditis

“Since the birth of our daughter in September 2005, homeopathy has become a part of our family’s lives. I have had a keen interest in natural remedies for a few years, however, my interest has intensified since experiencing homeopathy at work. I have found homeopathic remedies not only extremely effective but most affordable too. At 17 months old our daughter eagerly cooperates when we give her homeopathic drops, tasteless but she obviously finds them very appetising. We have used no less than half a dozen remedies on our daughter for various issues ranging from nappy rash right through to German measles and then for runny noses! Each time the remedy has worked positively and efficiently. There have been instances where our daughter has run very high temperatures up to 40 degrees and a homeopathic remedy has reduced her temperature very quickly back to normal. It’s been extraordinary and extremely comforting to experience such powerful natural remedies at work.

Personally speaking, I probably became a homeopathic advocate after being diagnosed with post-partum thyroiditis. As this was related to childbirth I was advised by a specialist it would resolve itself within a few months, which it did. However it then returned with health related problems. I began to experience a depletion of energy, extreme tiredness in the early afternoons and most alarmingly a very prominent and noticeable goitre. Despite my symptoms I was determined to treat my thyroid problem naturally. Initially I consulted a Chinese Doctor and was advised to take numerous expensive herbs. Unfortunately this treatment only exacerbated my problem and prolonged it. It was at this time I discovered Liz, who after an extensive and thorough consultation administered a remedy which within a few weeks to a month cleared all my symptoms, goitre and all!

Homeopathy has helped me to remember and acknowledge how powerful and self-healing our bodies really are and how our planet provides resources and remedies to help assist us in the healing process. There’s no going back for us, we love Homeopathy – there’s absolutely a remedy for everything! Thanks Liz!”

Rick, Effects of a fall

“I had a very bad fall when my feet went from under me on a slippery surface. I landed from a standing position, backwards onto concrete pavers badly injuring my back and neck and with a heavy impact on my hip, elbow, hand and wrist. I took a homeopathic remedy and a minor bruise on the hand disappeared overnight and there was no sign of bruising where I had landed heavily. Soreness on the hip and back was greatly reduced the next morning, improving even further during the day to hardly noticeable, and the effect of the shock went after the first dose.

There was no adverse effect from the severe jarring: I had expected some twisting of the hip, lower back and neck. My wrist that had been sprained in the fall recovered completely by the following evening. A great remedy that saved me from a lot of pain and bruising.”

